

Cherish Our



Children

RACCAP

**2008-2009 Annual Report Rappahannock
Area Council for Children and Parents**
Devoted to Promoting Positive Parenting in the Greater Fredericksburg Area

A RACCAP SUCCESS STORY

One of the moms from our Bragg Hill group (which is our group that is conducted in Spanish), who also participated in the Nurturing Parenting Class, shares her story in her own words:

"I am a single mother and it is very difficult to become a mother and a father at the same time without the support of my family (they are not in this country).

I needed new ideas to raise my children the right way. Sometimes I do not find any ideas to make my children happier and I do not know how to encourage them to make them feel that everything they do in this lifetime is for a great cause "a life with prosperities for them."

This (Circle of Parents) has done a big difference because I have found a true family. I have found support and I do not feel lonely like I used to be. Now I know that I have support and I can talk about my sad and happy stories about my children.

I can see my children more enthusiastic in the school. They understand me much better with the chores at home. They have learned that everybody has responsibilities and the big difference is how excited they are every Tuesday, waiting for our meeting.

Now we have found a family to share every Tuesday in this country, we are not alone anymore, ..we have a place to go once a week and talk about ourselves and that family is called Circle of Parents."

She goes on to explain why she would recommend the program to others.

"Because it is a big family, where we always find a positive thing for our children and for us too. Here you will find a big family, you will find that all your talk is kept in the group as confidential matters and you cannot find this confidential thing in other groups. We get different ideas about how to raise our children and the children learn their responsibilities like being good students, good friends and good brothers and sisters and how to grow with limits."

2008 - 2009 RACCAP Accomplishments

RACCAP's parenting programs served **465 individuals/178 families** last year which was a **13% increase in the number of families served** over the previous year.

RACCAP **increased income by \$11,929** over our 2007-2008 income figures even in the difficult financial times.

There were 4,126.5 hours donated to RACCAP **valued at \$20.80 per hour in Virginia** (according to the "Independent Sector" study) which equals **\$86,120** of volunteer service time. This is an **increase of \$8,162** over our 2007-08 volunteer service time.



CIRCLE of PARENTS®
Sharing Ideas. Sharing Support.

RACCAP c/o P.O. Box 7402

Fredericksburg, VA 22404

Phone (540)785-6217

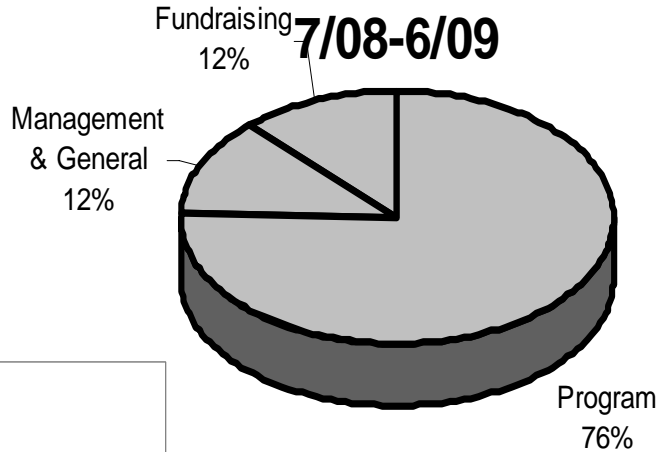
Fax (540) 785-1397

Website: www.raccap.org

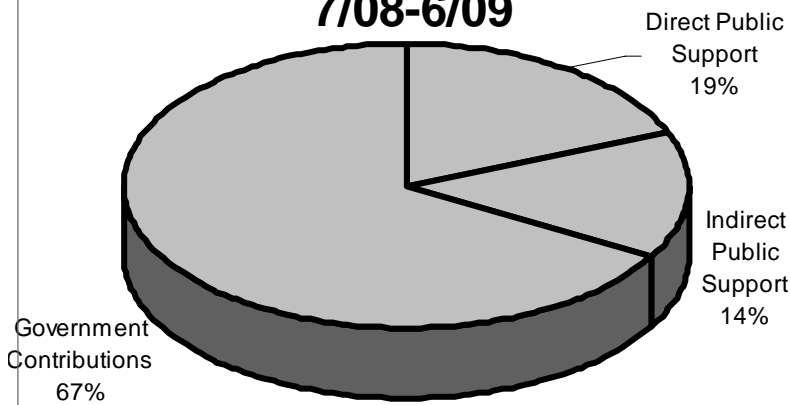
RACCAP FINANCIAL INFORMATION 2008-2009

(Please note that this data has not yet been audited..)

RACCAP Expenditures



RACCAP Revenue 7/08-6/09



RACCAP's Expenses for 08-09 were approximately \$200,000.

Each Circle of Parents Group or Parenting Class costs approximately \$15,000 a year to host. In 2008-2009 there were eight Circle of Parents groups and five parenting classes.

This does not include the \$12,200 worth of pizza that was also donated. Thanks again to Domino's Pizza of King George, Orange and Ladysmith, Papa John's Pizza of Fredericksburg and Spotsylvania, and Primo Pizza of Salem Fields.

This also does not include the volunteer time (valued last year at \$45,765) donated each year.

Thanks to our 2008-2009 volunteers:

Morgana Aboushanab	Josh Holland	Lindsey Nichols	Connie Sumner
Lisa Audioun	Becky Holland	Patti Niles	Turning Point Students
Sona Babani	Joanna Hopkins	Lilian Orth	NaaAma Vanderpuye
Scott Baker	Johnny Houck	Michael Pinkney	Alyasa Washington
Ellen Beste	Missie Jarman	Ana Rivera	Ron West
Natalee Bingham	Mary Johnson	Kimberly Rivera	Marissa White
Juanita Eddy	Robert Kash	Kelly Rivera	Carrie Wintersgill
Joshua Ernest	Stephanie Klussman	Rachel Roland	Casey Witherspoon
Robin Esak	Katherin Koon	Michelle Ryan	Marcus Yates
Dana Everett	Cari Kreidinger	Pam Sabel	Connie Zufelt
Keyana Fleece	Pamela Lace	Joseph Salazar	
Vincent Galla	Mindy Mauldin	Liz Scott	
Alexander Garner	Ashley McAdam	Melissa Scott Washington	
Brittany Green	Christa Meyers	Donna Smith	
Holly Guelig	Kameshia Minus	John Smith	
Lindsey Guevara	Victoria Nauschuetz	Virginia Snead	
Casey Hawkins	Rebecca Nauschuetz	Stafford Serve Students	

President's Letter

I am pleased to have the opportunity to thank all the volunteers and supporters who have worked so hard to make 2008/2009 a successful and eventful year for RACCAP. Through the efforts of our volunteers and RACCAP staff we have been able to expand our services and have seen all the programs flourish. In 2008/2009 RACCAP was awarded grant funding which allowed us to hire a Parent Education Coordinator and provide parent education classes at no cost to families in our community. We are planning to provide these classes in Spanish during the coming year. In addition, we have continued to provide eight Circle of Parents support groups throughout the Planning District with one group being conducted in Spanish. RACCAP has also maintained our partnership with the Stafford County Head Start program by facilitating a Circle of Parents group at the Head Start facility. This effort has been so successful that we are working to develop similar partnerships with other Head Start programs in the Fredericksburg area.

I would like to thank all those who have faithfully supported RACCAP with their generous gifts. Unfortunately, RACCAP has not escaped the effects of this very difficult financial time. Our funding from County and City governments as well as corporations and businesses has decreased. As a result, we have had to make the difficult decision to eliminate the Parent Education Coordinator position in the coming year. However, RACCAP remains dedicated to providing quality services at no cost to parents and children. Now more than ever, we need the support of our friends in the community in order to provide the services which assist parents in developing a positive approach to parenting and decreases the risk of child abuse and neglect. Contribution envelopes are enclosed with this annual report. Please make a generous contribution to ensure that we will be able to continue our positive parenting programs.

Thank you again for all you have contributed in the past and we look forward to continuing our collaboration in order to decrease the incidence of child abuse and neglect in the Fredericksburg area during the coming year.

Karen Clark, Board President

2008-2009 RACCAP Board of Directors

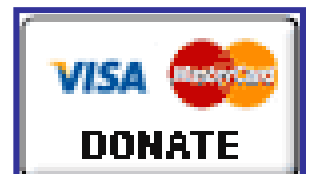
Karen Clark—President
Kimberly Strader—Vice President
Deborah Sullivan—Treasurer
Suzanne Belmore
Pamela Garrett
Brandi Bennett
Robert Haley
Lilian Orth
Gail Perkins
Donna Smith
Shannon Critzer
Connie Zufelt

RACCAP Staff

Julie Rivnak-McAdam—Executive Director
Kimberly Koon—Program Manager
Amy Franklin—Site Coordinator
Vicky Fuentes - Site Coordinator
Angie Weigert - Site Coordinator
Donna Guevara - Site Coordinator
Mary Petty - Site Coordinator

**We also want to acknowledge the 50
volunteers who staff our Circle of Parents
programs. THANK YOU ONE AND ALL!**

**Donate
on-line at
www.raccap.org
using Pay-Pal**



RACCAP
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Fredericksburg, VA 22404

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**Please help us keep our mailing list up-to-date by calling us with
any needed corrections or updates. Thanks!**

Help continue the mission of RACCAP

Your donation is critical to our success. ...Send your check today!!

<u>Level</u>	<u>Gift Amount</u>
Gold	\$1,000.00
Silver	\$ 500.00
Bronze	\$ 250.00
Patron	\$ 100.00

_____ Yes, I would like to support RACCAP.

Enclosed is my donation of \$ _____.

_____ Please mail me more information about RACCAP.

Name _____

Agency/Bus. _____

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City _____

State _____ Zip _____ Phone # (____) _____

Email Address: _____