



# March 2007 Circle of Parents



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Write Us: P.O. Box 7402 Fredericksburg, VA 22404		Phone: (540)785-6217 E-mail: raccap@raccap.org Web: www.raccap.org Toll: 877-785-6217	1 Spotsylvania Mall Area	2	3
4	5 King George Stafford	6 Fredericksburg Spanish	7 Caroline Fredericksburg Spotsylvania-C.H. area	8 No Group In-Service @ Hillcrest	9	10
11	12 King George Stafford	13 Fredericksburg Spanish	14 Caroline Fredericksburg Spotsylvania-C.H. area	15 Spotsylvania Mall Area	16	17
18	19 King George Stafford	20 Fredericksburg Spanish	21 Caroline Fredericksburg Spotsylvania-C.H. area	22 Spotsylvania Mall Area	23	24
25	26 King George Stafford	27 Fredericksburg Spanish	28 Caroline Fredericksburg Spotsylvania-C.H. area	29 Spotsylvania Mall Area	30	31



Circle of Parents groups meet from 6:30-8:00pm. A pizza dinner and children's program is provided for free.

**Caroline:** Wright's Chapel U.M.C., 8063 Lady-smith Rd.

**Fredericksburg:** Bragg Hill Family Life Center, 400 Bragg Dr. Group conducted in Spanish.

**Fredericksburg:** Hillcrest U.M.C., 2208 Lafayette Blvd.

**King George:** King George Church Of God, 8095 Kings Hwy.

**Spotsylvania: (Courthouse Area):** Christ Church, 8951 Courthouse Rd.

**Spotsylvania: (Mall Area):** Salem Baptist Church, 4044 Plank Rd.

**Stafford:** Regester Chapel U.M.C., 85 Bells Hill Rd.



### Children's Activities

5th-8th : Self Esteem

12th-15th : St. Patrick's' Day Activities

19th-22nd : Caring About Others

26th-29th : Spring! In Like A Lion-Out Like A Lamb

### Adult Topics

#### Developing Your Child's Self Esteem

5th-8th : What is Self Esteem? Parent Enhancers

12th-15th : Helping Your Child Feel Special

19th-22nd : Show Your Kids You Care

26th-29th : 31 Ways to Build Confident Children



The Circle of Parents Program is sponsored by American Woodwork Foundation, Domino's Pizza of King George, Orange, and Ladysmith, Papa John's Pizza of Fredericksburg and Spotsylvania, Sam's Pizza and Subs of Spotsylvania, Speedway Children's Charity, the Fredericksburg Area Service League, and the VA Dept. of Social Services Community Based Child Abuse Prevention Program

