



**Rappahannock Area Council for
Children and Parents Winter 2007**

Devoted to Promoting Positive Parenting in the Greater Fredericksburg Area



Saturday, April 21, 2007

Mark your calendar now and plan to join the fun at the **RACCAP Dance and Silent Auction**. It will be held at the Eagles Lodge on Cool Springs Road from 8p.m. to midnight. The Glass Onion Band will be performing. Tickets are \$20 per person and include beer and snacks and set-ups. Great values to be auctioned off at the silent auction. Great time to be had by all! Don't miss out — be there!

Circle of Parents to Expand in 2007

Tuesday February 6th is an important date for RACCAP. We will be opening a new Circle of Parents group designed to assist the Latino community. The RACCAP positive parenting message will expand to offer support to parents in Spanish. We are very excited about this growth and expect that this new group will be very successful. We appreciate the willingness of the Bragg Hill Family Life Center to act as hosts for our meetings and look forward to partnering with them to provide this program to Fredericksburg area families. The schedule for all eight locations is posted below.

CIRCLE OF PARENTS MEETING SCHEDULE

All groups meet from 6:30 - 8:00 p.m.

A free pizza dinner is served from 6:30 – 7:00 p.m.

There is a free children's program is available for birth to age twelve.

Monday nights - King George - King George Church of God

8095 Kings Highway

Stafford - Regester Chapel United Methodist Church

85 Bells Hill Road

**Tuesday nights— New Group—Starts Feb. 6th in
Fredericksburg at the Bragg Hill Family Life Center**

400 Bragg Road—Conducted in Spanish

(Please note that the Orange group will not meet again until April 2007.)

Wednesday nights - Caroline - Wright's Chapel United Methodist Church

8063 Ladysmith Road

Fredericksburg - Hillcrest United Methodist Church

2208 Lafayette Blvd.

Spotsylvania - Christ Episcopal Church

8951 Courthouse Road

(Spotsylvania Courthouse Area)

Thursday nights - Spotsylvania - Salem Baptist Church

4044 Plank Road (Spotsylvania Mall Area)

RACCAP c/o P.O. Box 7402

Fredericksburg, VA 22404

Phone/Fax (540)785-6217

Website: www.raccap.org

Email: raccap@raccap.org

Cherish our Children

**Promoting Positive Parenting in
the Greater Fredericksburg Area**



From the Desk of the Board President—Gregory J. Carneal

Wow! Do you get the feeling RACCAP is in “overdrive”? Another Circle of Parents group, expanding donors list, Kitchen Tour, Child Abuse Prevention Month, redesigned website, marketing initiatives, interviews in The Free Lance-Star and B101.5 and of course the RACCAP Dance (surprises, prizes and new band) are some highlights.

We are accomplishing all this by working smarter, and probably a little harder. Committees, working with the staff and Executive Committee, submit their reports at our quarterly board meetings. More is getting done by allowing these volunteers to focus on specific objectives rather than everyone trying to do a little of everything.

But the foundation of RACCAP’s success is the sincere dedication of its staff, volunteers and supporters. Let us be mindful of all who devote themselves to the service of others. They help build a nurturing community of people helping people. May they not be discouraged or deterred from their goals!

RACCAP Staff Expands

Demands for RACCAP’s services continue to grow. In order to facilitate all our growth RACCAP has expanded the staff. We are pleased to announce that **Amy Franklin** has joined us as a new Site Coordinator. She will be working with the Stafford and the Spotsylvania Courthouse Circle of Parents groups. Another addition to our staff is **Teresa Irvine**. As Public Education and Marketing coordinator, Teresa will be assisting RACCAP in developing a new marketing plan to “get the word out” about our positive parenting message. We look forward to having both women as part of our RACCAP team.

New Website Design Launched

RACCAP is proud to announce the launch of its redesigned website. Same address - www.raccap.org - but a fresh new look. Thank you to Eagle Collaborative Computing Services, Inc. for their generosity in donating their services to support our website

RACCAP Staff

Executive Director:

Julie Rivnak-McAdam

Program Manager/Site Coordinator for King George

Kimberly Koon

Site Coordinator Fredericksburg and Facilitator/Site Coordinator for Bragg Hill:

Angie Weigert

Site Coordinator Caroline, Spotsylvania (Mall Area) and Bragg Hill:

Vicky Fuentes

Site Coordinator Stafford and Spotsylvania (Courthouse Area):

Amy Franklin

Public Education and Marketing Coordinator:

Teresa Irvine

**2006-07 RACCAP Contributor's Roll
(January 1, 2006 - February 1, 2007)**

THANKS TO OUR SUPPORTERS!

Gold (\$1,000 or more)

American Woodmark Foundation, Inc.
Birchwood Power Partners, L.P.
City of Fredericksburg
County of Spotsylvania
County of Stafford
Fredericksburg Area Service League
Fredericksburg Savings Charitable Foundation
GEICO Philanthropic Foundation
Hillcrest United Methodist Church
Impressions Hair, Skin & Nails
Ken Hinkle Associates, Inc.
the kitchen works, inc.
Kiwanis Foundation of Fredericksburg VA
Rappahannock United Way
Speedway Children's Charity
Virginia Department of Social Services
Community Based Child Abuse Prevention Program

Silver (\$500—\$999)

Suzanne Belmore & Dr. Tom Tomzak
Ed DeChristopher, Inc.
Julie and Edward McAdam
Law Office of Lanny R. Shortridge
Medicorp Health System
National Bank of Fredericksburg
Piedmont United Way
Silver Foundation
Union Bank and Trust
Wal-Mart (Ferry Farm)

Bronze (\$250 to \$499)

Judith and Seth Craig
Brydon M. DeWitt
Fraternal Order of Eagles 4123
Fred. Dept. of Social Services
Freeman Beverage Company
Loyal Order of Moose—
9 Lodge No. 1655
Linda Muller in celebration of
Anna Szkalak
Rappahannock Electric Cooperative
Anne and Josiah Rowe
James J. Schlesinger
Spotsylvania County Woman's Club
Debbie and Jay Sullivan

Paul and Susan Ware
Women of the Moose - Chapter #1592
Catherine Wack
Karen Young

Patron (\$100 - \$249)

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Mary B. Faulkner
Patricia L. Feindt
Fredericksburg Family Chiropractic Health Center
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Caroline H. Costa-Glenn
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Nancy and Kurt Larson
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Rappahannock Civitan Club

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Patricia and John Rowley
Linda M. Royster
Catherine Miller Saller P.C.
Shiloh Baptist Church (Old Site)
Mary P. Spano
Kimberly & Michael Strader
Trolley Tours of Fredericksburg, Inc.

Other Donors

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Filipino American Association of Stafford, VA
First Command Financial Planning
Fredericksburg Area Food Bank
Fredericksburg Regional Head Start
Kid's Station
King George Department of Social Services
Law Offices of Robert M. Haley
Mental Health Resources
Optimist Club of Fredericksburg
Stafford Department of Social Services
David Surgent
Tommy Wallace Electrical, Inc
Trinity Episcopal Church
Wright Charitable Trust

Individuals

Kathleen L. Abercrombie
Joan U. Andes
Linda B. Arnold
Mary Katherine Becelia
Karin Brown
Barbara and John Carneal
Gregory J. Carneal
Mr. and Mrs. J. Howard Cates
Robert Cloughley
Anna and Paul Colopy

Individuals (Continued)

James J. Crist, Ph.D.
 Pattie Cushing
 Detective R. Jason Dembowski
 Nancy and Curtis Dickinson
 Helen and Laurence Dickinson
 Susan & Steve D'Lugos
 Marilyn Dunphy
 Dori Eglevsky
 Lilian & Arthur Fay
 Julie M. Fiedler
 Joanne & Chip Fisher
 Christina & Richard Folger
 Vonita Foster
 Patricia Godley
 Dorcella Grate
 Kathleen Higginbotham
 Sen. R. Edward "Edd" Houck
 Linda and Bill Ison in celebration of children everywhere!
 Detective Eric Jesse
 Pamela Keyes
 Detective Jim Kuebler
 Wendy Lanchart
 Michael MacNamara
 Brianna Magnusson
 Peggy and John Mahoney & Family
 Renee Martin
 Martha and Robert McGrail
 Ellen & Charles McKeen
 Barbara Monteiro
 Michael J. Muse
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 David Nye
 Bonnie K. Oliver
 Carol and Lawrence Poyer
 Ruthie Rainford
 Mr. & Mrs. P.E. Robinson ,
 Jr. in honor , their uncle,
 Edward J. Little
 Thomas Y. Savage
 Ann Smith
 Kimberly Strader
 Marjorie R. Tankersley
 Diana M. Tansill

Lisa Taylor
 William Tignor
 Nancy Turnage
 Deborah A. Van Doren
 Mary Vaughan
 Jenna Veazey
 Robert Vranian
 Sandi Waters
 Mel & Lynn Wright

Special Donations

WAWA Central Park
 Fun Land Central Park
 the kitchen works, inc.
 Eagle Collaborative Computing Services
 Domino's Pizza of King George, Orange, and Ladysmith
 Papa John's Pizza of Fredericksburg and Spotsylvania
 Quality First Automotive
 Sam's Pizza and Subs of Spotsylvania
 "Bug Fest" sponsored by the Bug Box (AAA Pest Pros Inc.)
 Freedom Middle School
 Café DaVanzo
 Food Lion MVP Program
 University Mary Washington students who helped with our Fall Car Wash

*A special thank you to those who helped make the **2006 Kitchen Tour** a success!*

Homeowners:

The Coble Family
 The Cadwallender Family
 The Wafle Family
 The Poska/Kilmartin Family
 The Tamburri Family

Raffle Donors:

A Place in Time
 CIS Sportswear
 Dishing Up Dinner
 Uncle Sam's Grill of Central Park
 Ukrop's Supermarket
 Debbie and Jay Sullivan
 Debbie and Al Bliss
 Julie and Ed McAdam

Advertisers:**The kitchen works, inc.**

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 Luck Stone Corp.
 Shenandoah Solid Surfaces Corp.
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RACCAP Board Members

Gregory J. Carneal, <i>President</i>	Suzanne Belmore	Julie M. Fiedler
Karmaria Negron, <i>Vice President</i>	Mary Frances Caul	Chasity Morgan-Simms
Deborah C. Sullivan, <i>Treasurer</i>	Karen E. Clark	John Simpson Moss
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	Edward P. DeChristopher	Donna M. Smith
	Dorcella M. Grate	Kimberly Strader
	Linda K. Ison	Jenna Villforth Veazey

Child Abuse Prevention
Month Plans are Underway



The April Blue Ribbon Coalition has been making plans to educate the public about child abuse and neglect during April. Free ribbons may be ordered by calling RACCAP at 785-6217 or by returning the order form to P.O. Box 7402 Fredericksburg, VA 22404.

There will be a training workshop on **Thursday, April 5th** at Mary Washington Hospital. (Check our website at www.raccap.org for registration details.) **Sunday, April 22nd** is Family Fun Day at McDuff Park sponsored by the Coalition for A Community Without Violence. The Annual Parent of the Year/Blue Ribbon Challenge Reception will be held **Wednesday April 25th** from 7-8 p.m.

Add these dates to your calendar now so that you are sure not to miss out.

How about an April Dress Down Day at your workplace? For a small contribution (\$3- \$5 per person or more) contributors are given the privilege of "dressing down" to show their support of child abuse prevention efforts. We will supply stickers to any workplace that sponsors a Dress Down Day. Give us a call for more information..



Mark Your Calendar
The 2007 Kitchen Tour will be
Saturday, September 22nd

It's back...keep your eye out for the Circle of
Parents commercial on cable tv!!!

ORDER FORM

The Rappahannock Area April Blue Ribbon Coalition encourages you to support child abuse prevention activities in our community by displaying and distributing the following items in your business or school. Deadline for orders is March 1, 2007. If you are ordering items that have a fee, please make checks payable to ABRC.

STICKERS - These 2-inch stickers are limited to the first 5,000 orders. *Free*

Number Desired: _____

BOOKMARKS with Blue Ribbons attached. *Free*

Number Desired: _____

LAPEL PINS - Show your support in the jewelry you wear everyday with these blue enamel pins in the shape of a ribbon. (Limited quantity available) *\$5.00 each*

Number Desired: _____

BLUE RIBBON MAGNETS - Ideal for your car or refrigerator. Available in two sizes. (Limited quantity available)

SMALL: \$3.00 LARGE: \$5.00

Number Desired: _____

DRESS DOWN DAY STICKERS— Anyone who donates to RACCAP gets to wear a special dress down day sticker. *Free*

Number Desired: _____

Orders will be placed on a first-come, first-serve basis until supplies run out. Return completed order form to April Blue Ribbon Coalition, P.O. Box 7402, Fredericksburg, VA 22402 or email raccap@raccap.org.

NAME:

ORGANIZATION:

PHONE NUMBER:

ADDRESS:

RACCAP
P.O. Box 7402
Fredericksburg, VA 22404

Non-Profit Organization
U.S. Postage
PAID
Fredericksburg, VA
Permit # 309

Please help us keep our mailing list up-to-date by calling us with any needed corrections or updates. Thanks!

Help continue the mission of RACCAP

Your donation is critical to our success. ...Send your check today!!

<u>Level</u>	<u>Gift Amount</u>
Gold	\$1,000.00
Silver	\$ 500.00
Bronze	\$ 250.00
Patron	\$ 100.00

_____ Yes, I would like to support RACCAP.

Enclosed is my donation of \$ _____.

_____ Please mail me more information about RACCAP.

Name _____

Agency/Bus. _____

Address _____

City _____

State _____ Zip _____

Phone # (__) _____

Email: _____



RACCAP