






**Write Us:**  
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# March 2011 Circle of Parents

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The Circle of Parents program is sponsored by Domino's Pizza of Caroline, Papa John's Pizza of Fredericksburg, Stafford, and Spotsylvania, Danny's Pizza of Spotsylvania, Wawa Corporate Charities, VA Family & Children's Trust Fund, and the VA Dept. of Social Services Community Based Child Abuse Prevention Program.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Circle of Parents Staff In-service 7:00pm. RACCAP Office <b>NO GROUP MEETINGS</b>	2 Caroline Spotsylvania (C.H. Area)	3 Wawa Salem	4	5 <b>BINGO RACCAP Fundraiser 3pm.</b>
6	7 Stafford Stafford H.S.	8 Fredericksburg (Spanish) Hazel Hill	9 Caroline Spotsylvania (C.H. Area)	10 Wawa Salem	11	12 
13 	14 Stafford Stafford H.S.	15 Fredericksburg (Spanish) Hazel Hill	16 Caroline Spotsylvania (C.H. Area)	17 Wawa Salem 	18	19 Women's Forum-James Monroe HS.- RACCAP Display
20	21 Stafford Stafford H.S.	22 Fredericksburg (Spanish) Hazel Hill	23 Caroline Spotsylvania (C.H. Area)	24 Wawa Salem	25	26
27	28 Stafford Stafford H.S.	29 Fredericksburg (Spanish) Hazel Hill	30 Caroline Spotsylvania (C.H. Area)	31 Wawa Salem		

Circle of Parents groups meet from 6:30-8pm. unless otherwise stated below. A pizza dinner and children's program is provided for free.

**Caroline:** Wright's Chapel U.M.C.; 8063 Ladysmith Rd.

**Fredericksburg:** Bragg Hill Family Life Center; 400 Bragg Dr., group conducted in Spanish.

**Fredericksburg:** Hazel Hill Community Center; 100 Princess Anne Street.

**King George:** Group is currently not scheduled

**Spotsylvania:** (Courthouse Area) Christ Church; 8951 Courthouse Rd.

**Stafford:** Meets at 6-7:30pm. Head Start Building; 610 Gayle Street.

**Stafford:** Regester Chapel U.M.C.; 85 Bells Hill Rd.

**Wawa Salem Spotsylvania:** (Towne Centre Area) Salem Baptist Church; 4044 Plank Rd.

### Adult Topics

#### **Raising a Healthy Child**

- 2/28-3/3: Talk With Your Child About Drugs
- 3/7-3/10: Meal Times = Good Times
- 3/14-3/17: Fitness, Food and A Healthy Weight For Your Child
- 3/21-3/24: Sports and Your Child
- 3/28-3/31: Self-Esteem



### Children's Activities

- 2/28-3/3: Just Say No To Drugs!
- 3/7-3/10: Healthy Habits
- 3/14-3/17: Saint Patrick's Day Craft
- 3/21-3/24: Spring Time Craft!
- 3/28-3/31: Self-Esteem