

## **RACCAP Annual Fund Committee**

**Committee Chair:**

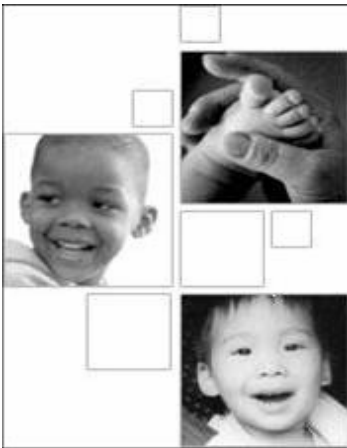
Suzanne Belmore

**Committee Members:**

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**RAPPAHANNOCK AREA COUNCIL  
FOR CHILDREN AND PARENTS  
P. O. Box 7402  
Fredericksburg, VA 22404**

**RAPPAHANNOCK AREA  
COUNCIL FOR CHILDREN  
AND PARENTS**

*“Promoting Positive Parenting”*

**2008-2009  
Annual Fund**



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# “CHERISH OUR CHILDREN”

## Our Mission

*To promote positive parenting and educate the public about the prevention of child abuse and neglect in the Greater Fredericksburg Area.*

## Our Journey

The organization now known as RACCAP had its beginnings in 1989 when the need to actively address the prevention of child abuse was recognized. Stop Child Abuse Now (SCAN) was formed from a group of human service professionals while, at the same time, Parents Anonymous, a support group, began meeting.

In 1991, SCAN and PA merged at the state level, and the Fredericksburg groups did the same. In 1992, the organization became RACCAP and offered Parent HELP (Healthy Enthusiastic Loving Parents), a support program, while continuing to serve the at-risk population.

In 1998, a United Way grant enabled the hiring of a professional director, and the organization has grown in response to community and family needs.

Today, RACCAP operates nine Circle of Parents support groups in Greater Fredericksburg. New this year, we will be expanding our program to include two parenting class offerings.

## Circle of Parents

Parents who attend Circle of Parents groups have an opportunity to learn positive parenting skills in a confidential, supportive environment. Groups meet weekly at eight different locations — Caroline, Fredericksburg, King George, Stafford, Spotsylvania, and Orange.

At each meeting, dinner is provided for the families followed by programs for children and parents. Over the past year, 168 parents and 239 children have participated in the program.

Those who participate in parent mutual self-help support groups consistently voice satisfaction with the program and report that it is beneficial. In case after case, positive parenting is creating healthier families and safer communities.

Circle of Parents families learn to help their own family while supporting each other. As one parent observed:

*“I started two years ago when my daughter was one year old . . . I talked with other parents who gave me things to go home and try. Sometimes, I gave ideas to them. Now, it’s helpful to me again as my baby just turned one. . . I enjoy going. I recommend it to other parents I know.”*



## Help Us “Cherish Our Children”

Funding for the work of RACCAP is provided by a number of sources including the United Way, foundation and government grants. In addition, support from individuals and businesses in our service area is becoming increasingly important to continue our program with current parents and to reach out to the many others who need support.

This year RACCAP needs to raise \$50,000 from individuals and local businesses beyond that available from other funding sources.

Your contribution to the Annual Fund gives you an opportunity to make a direct, positive impact on the parents and children of our community.

While every donation is important, significant giving is acknowledged through these recognition clubs:

Gold — \$1,000

Silver — \$500

Bronze — \$250

Patron — \$100

Your donation is tax deductible as RACCAP is a charitable 501c3 organization within IRS guidelines.