

Phone: 540-785-6217
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 E-mail: raccap@raccap.org
 Toll Free: 877-785-6217

CIRCLE OF PARENTS

Raccap now offers Parenting Classes; call for more information

September 2008

The Circle of Parents Program is sponsored by Domino's Pizza of King George, Orange, and Ladysmith, Papa John's Pizza of Fredericksburg and Spotsylvania, Primo's Pizza of Salem Fields, Speedway Children's Charity, Target, and the VA Dept. of Social Services Child Abuse Prevention Program.

Circle of Parents groups meet from 6:30-8:00pm. A pizza dinner and children's program is provided for free.

Caroline: Wright's Chapel U.M.C., 8063 Ladysmith Rd.

Fredericksburg: Bragg Hill Family Life Center, 400 Bragg Dr., Group conducted in Spanish

King George: King George Church Of God, 8095 Kings Hwy. No meetings scheduled




Orange: St. Thomas Episcopal Church, 119 Caroline St.

Spotsylvania: (Courthouse Area) Christ Church, 8951 Courthouse Rd.

Spotsylvania: (Mall Area) Salem Baptist Church, 4044 Plank Rd.

Stafford: (Courthouse Area) Register Chapel U.M.C., 85 Bells Hill Rd.

Stafford: Head Start Building, 610 Gayle St. Call for start up date

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Write Us: P.O. Box 7402 Fredericksburg, VA 22404	1 	2 ORANGE	3 CAROLINE	4 SPOTSYLVANIA MALL AREA	5	6 
7 Circle of Parents Picnic @Cosner Park 4:30-7:30pm.	8 STAFFORD	9 ORANGE FREDERICKSBURG (SPANISH)	10 CAROLINE SPOTSYLVANIA COURTHOUSE AREA	11 SPOTSYLVANIA MALL AREA	12	13
14	15 STAFFORD	16 ORANGE FREDERICKSBURG (SPANISH)	17 CAROLINE SPOTSYLVANIA COURTHOUSE AREA	18 SPOTSYLVANIA MALL AREA	19	20 Kids Convention booth @ the Towne Center 9-9pm.
21 Kids Convention booth @ the Towne Center 9-6pm.	22 STAFFORD	23 ORANGE FREDERICKSBURG (SPANISH)	24 CAROLINE SPOTSYLVANIA COURTHOUSE AREA	25 SPOTSYLVANIA MALL AREA	26	27 RACCAP's Kitchen Tour fund Raiser 11:30-4pm.
28	29 STAFFORD	30 ORANGE FREDERICKSBURG (SPANISH)				



Adult Topics Healthy Habits for the School Year

- 9/1-9/4: Tips For Starting The New School Year Right
- 9/8-9/11: Healthy Habits That Begin At Home
- 9/15-9/18: How To Plan Healthy Lunches For Kids
- 9/22-9/25: Healthy Bedtime Habits
- 9/29-10/2: Healthy Homework Habits

Children's Activities

- 9/1-9/4: Back To School Safety Tips
- 9/8-9/11: Be A Germ Buster! Staying Healthy!
- 9/15-9/18: Healthy Habits
- 9/22-9/25: Bedtime Habits
- 9/29-10/2: Homework helpers!