



# Rappahannock Area Council for Children and Parents Summer 2006

Devoted to Promoting Positive Parenting in the Greater Fredericksburg Area

## RACCAP CONTINUES TO MEET SUCCESS IN 2006

RACCAP anticipates that 2006 will be a year of continued success for our organization. Effective January 1, 2006 we changed our name to the Rappahannock Area Council for Children and Parents to better reflect the positive nature of our organization's mission of promoting positive parenting. Our support group program also has a new name – Circle of Parents. While we have made changes to our names, our commitment remains firm. We are proud of the work we have done, and will do, strengthening families in our community.

It is through support from our many friends that RACCAP is able to be successful in meeting the parenting needs of the Greater Fredericksburg area.

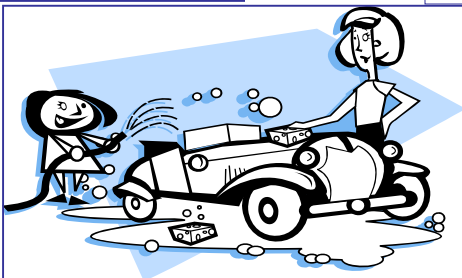
RACCAP has received a grant from the Virginia Department of Social Services Community-Based Child Abuse Prevention Program to strengthen and expand our Circle of Parents program. Beginning the week of September 11 - 14 our support groups will resume, following their summer break, at seven locations. (A complete schedule is included on

page two.) In January 2007 we plan to initiate an eighth group that will expand our services to Spanish speaking families.

RACCAP's public education program has also grown tremendously. We now have a part-time Public Education Coordinator position. As a result we have been able to reach out to all the area schools and many local agencies to offer our services for displays and workshops. The response has been very positive. RACCAP continues to welcome any opportunities to educate the public about positive parenting and child abuse prevention. Please call us to set up a date for your program.

*Julie Rivnak-McAdam*  
Executive Director

RACCAP c/o P.O. Box 7402  
Fredericksburg, VA 22404  
Phone/Fax (540)785-6217  
Website: [www.raccap.org](http://www.raccap.org)  
Email: [raccap@raccap.org](mailto:raccap@raccap.org)  
Cherish our Children  
Promoting Positive Parenting in the  
Greater Fredericksburg Area



Stop by **ROSE'S Department Store on Rt 1 on Sat. Sept. 9th** and get your car washed by University of Mary Washington students. All donations will go to support RACCAP's programs.



### Saturday, October 7<sup>th</sup> - The Kitchen Tour is back! .

On **Saturday, October 7** the **kitchen works, inc.** will once again host a tour of recently remodeled kitchens. The tour will feature six Fredericksburg homes. There will also be a luncheon at Brocks that will feature a guest speaker presenting kitchen remodeling tips. Tickets are available at the kitchen works inc. at 2201 Lafayette Boulevard or at the Fredericksburg Visitors Center on Caroline Street, and Achara Flowers and Gifts in Stafford. Tickets are \$15 in advance - \$17 at the door. See the enclosed flyer for more details.

### CIRCLE OF PARENTS MEETING SCHEDULE

All groups meet from 6:30 - 8:00 p.m.

A free pizza dinner is served from 6:30 – 7:00 p.m.

There is a free children’s program is available for birth to age twelve.

Monday nights - **King George** - King George Church of God 8095 Kings Highway  
**Stafford** - Register Chapel United Methodist Church 85 Bells Hill Road

Tuesday nights - **Orange** - St. Thomas Episcopal Church 119 Caroline Street

Wednesday nights - **Caroline** - Wright’s Chapel United Methodist Church 8063 Ladysmith Road  
**Fredericksburg** - Hillcrest United Methodist Church 2208 Lafayette Blvd.  
**Spotsylvania** - Christ Episcopal Church - 8951 Courthouse Road (Spotsylvania Courthouse Area)

Thursday nights - **Spotsylvania** - Salem Baptist Church—4044 Plank Road (Spotsylvania Mall Area)

#### RACCAP Staff

Executive Director:

Julie Rivnak-McAdam

Program Manager/Site Coordinator for King George

Kimberly Koon

Site Coordinator Stafford and Fredericksburg:

Angie Weigert

Site Coordinator Caroline and Spotsylvania (Mall Area):

Vicky Fuentes

Site Coordinator Orange and Spotsylvania (Courthouse Area):

Kameshia Minus

#### RACCAP Wish List

**In order to help keep costs down RACCAP could always use donations of the following supplies:**

**Copy Paper - White Standard 8.5 X 11**

**Copy Paper—Color Packs (not multi-colors) 8.5 X 11**

**Glue Sticks**

**Markers (Washable)**

**Elmer’s Glue in small bottles**

**Avery 8140 size labels (or Staples brand)**

**Paper Plates, Napkins, Cups**

**2 liter sodas**

**Craft foam sheets**

**Children’s scissors**

**Ink Cartridges—HP 45, HP 78, HP 15, HP 97 & HP 94**

**File Folders—Manila tri-cut**

**One inch blue binders**

**Light blue folders with brads and two pockets**

#### RACCAP Board Members

Gregory J. Carneal, *President*  
Karmaria Negron, *Vice President*  
Deborah C. Sullivan, *Treasurer*  
Cindy Brown, *Secretary*  
Suzanne Belmore  
Karen E. Clark  
Robert “Bud” G. Cloughley  
Edward P. DeChristopher  
Dorcella M. Grate



Linda K. Ison  
Agnes “Cissy” B. Kane  
Julie M. Menold  
Chasity Morgan-Simms  
John Simpson Moss  
Lilian Orth  
Lanny Ray Shortridge  
Donna M. Smith  
Kimberly Strader  
Jenna Villforth Veazey

## 2006 RACCAP Contributor's Roll

### Gold

American Woodmark Foundation, Inc.  
 Birchwood Power Partners, L.P.  
 City of Fredericksburg  
 County of Spotsylvania  
 County of Stafford  
 Fredericksburg Area Service League  
 GEICO Philanthropic Foundation  
 Hillcrest United Methodist Church  
 Impressions Hair, Skin & Nails  
 Rappahannock United Way  
 the kitchen works, inc.  
 Virginia Department of Social Services Community Based Child Abuse Prevention Program

### Silver

Ed DeChristopher, Inc.  
 Law Office of Lanny R. Shortridge  
 Medicorp Health System  
 Piedmont United Way  
 Union Bank and Trust

### Bronze

Suzanne Belmore & Dr. Tom Tomzak  
 Judith and Seth Craig  
 Loyal Order of Moose—  
     Lodge No. 1655  
 Anne and Josiah Rowe  
 James J. Schlesinger  
 Debbie and Jay Sullivan  
 Paul and Susan Ware  
 Women of the Moose - Chapter #1592  
 Karen Young

### Patron

A Place in Time, Inc  
 Dr. Jyoti S. Amin.  
 Karen and Robert Clark  
 David L. Compton  
 Yoly Gilkison Cuccio  
 Brydon M. DeWitt  
 Mary B. Faulkner

Fredericksburg Family Chiropractic Health Center  
 Freeman Beverage Co., Inc.  
 John S. Greenhalgh, M.D.  
 Robert B. Goodall, PC  
 Mr. and Mrs. Daniel Hoffman  
 Dr. and Mrs. Montgomery Johns  
 Agnes "Cissy" Kane  
 Nancy and Kurt Larson  
 Dr. Rosario G. Laserna  
 Lincoln Financial Group Foundation, Inc.  
 Julie and Edward McAdam  
 Sharon and Edward Minniear, Jr.  
 Dr. Patricia Murray  
 PermaTreat Exterminating Co., Inc.

Rappahannock Area Community Services Board  
 Rappahannock Area YMCA  
 Anita and Ronald Riblet  
 Patricia and John Rowley  
 Catherine Miller Saller P.C.  
 Mary P. Spano  
 Kimberly & Michael Strader  
 Trolley Tours of Fredericksburg, Inc.

### Corporate

Aboveboard Unlimited  
 Dan Wallace Enterprises  
 First Command Financial Planning  
 Gardner, Maupin, Sutton & Haney, P.C.  
 The General Store Restaurant  
 Law Offices of Robert M. Haley  
 Mullen's Garage Inc.  
 NWM Enterprise Inc./Comfort Keepers  
 Theresa Y. Crawley, DDS  
**Non-Profit**  
 Filipino American Association of Stafford, VA  
 Fredericksburg Area Food Bank  
 Fredericksburg Regional Head Start

King George Department of Social Services  
 Orange County Department of Social Services  
 Stafford Department of Social Services  
 Trinity Episcopal Church  
 Wright Charitable Trust

### Family

Barbara and John Carneal  
 Gregory J. Carneal  
 Anna and Paul Colopy  
 Nancy and Curtis Dickinson  
 Helen and Laurence Dickinson  
 Lilian & Arthur Fay  
 Joanne & Chip Fisher  
 Linda and Bill Ison  
 Martha and Robert McGrail  
 Ellen & Charles McKeen  
 Lucinda R. Naboda  
 Bonnie K. Oliver  
 Carol and Lawrence Poyer  
 Thomas Y. Savage  
 William Tignor  
 Jenna Veazey  
 Sandi Waters

### Individual

Joan U. Andes  
 Karin Brown  
 Detective R. Jason Dembowski  
 Marilyn Dunphy  
 Patricia Godley  
 Dorcella Grate  
 Sen. R. Edward "Edd" Houck  
 Detective Eric Jesse  
 Detective Jim Kuebler  
 Michael MacNamara  
 Brianna Magnusson  
 Renee Martin  
 Julia M. Menold  
 Michael J. Muse  
 Ruthie Rainford  
 Ann Smith  
 Mary Vaughan  
 Deborah A. Van Doren

THANKS TO OUR SUPPORTERS!

**RACCAP**  
**P.O. Box 7402**  
**Fredericksburg, VA 22404**

**Non-Profit Organization**  
**U.S. Postage**  
**PAID**  
**Fredericksburg, VA**  
**Permit # 309**

**Please help us keep our mailing list up-to-date by calling us with  
any needed corrections or updates. Thanks!**

**Help continue the mission of RACCAP - Send your check today!!**

<u>Level</u>	<u>Gift Amount</u>
Gold	\$1,000.00
Silver	\$ 500.00
Bronze	\$ 250.00
Patron	\$ 100.00
Corporate/Business	\$ 50.00
Nonprofit Organization and/or Agency	\$ 25.00
Family	\$ 25.00
Individual	\$ 15.00
Student	\$ 7.50

\_\_\_\_\_ Yes, I would like to support RACCAP.  
Enclosed is my donation of \$ \_\_\_\_\_.

\_\_\_\_\_ Please mail me more information about RACCAP.

Name \_\_\_\_\_

Agency/Bus. \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Phone # ( \_\_\_\_ ) \_\_\_\_\_

Email: \_\_\_\_\_

